SUOMEN SHIATSUKOULU
SHIATSU MASTER COURSE

MASTERING THE ART OF HEALING

Continuing on from the Diploma Course, this 2-year study programme covers a very wide range of subjects, with the aim of helping you to master the art of healing.

Healing is not just about techniques, but is really the ability to project your intention for healing into the patient.

With the wide range of skills, insights and information you will receive from this programme, your ability to help sick and suffering people will be dramatically improved.

THE PROGRAMME

The Master Course comprises 2 years of study, with 8 weekends per year in Helsinki, plus a 4-day residential programme on Gränholmen island in the archipelago during the summer of both the first and second year. The total study time is about 280 hours. The curriculum for the course is as follows:

Health problems
Cancer
STD
Multiple Sclerosis
Eating Disorders
Menstrual problems
Allergies
Candidiasis
Seasonal affective disorder
Blood pressure problems
Endometriosis
Heavy metal toxicity
Menopause problems
Sexual vitality problems
**Body Systems**
The Glandular system
The Immune system
The Nervous system
The Digestive system
The Respiratory system
The Circulatory system

**Empowerment practices**
The Inner Smile
The Microcosmic Orbit
Fusion of the 5 elements
Bone Marrow Washing
The Heart Sutra
Medicine Buddha ritual
Chanting and Mudra
Awaken life direction
Kahuna practices

**Diagnosis**
Applied Kinesiology
Pendulum diagnosis
Nail diagnosis
Tongue diagnosis
Pulse diagnosis
Hatsu-So
Organ Scanning
Vibrational diagnosis

**Techniques**
Brain integration
Sotai exercises
Advanced shiatsu techniques
Deep muscle work
Joint manipulation
Nutrition
Food as medicine
Feeding the 5 elements
Nutritional science
Healing with Sunrider herbs

Chi Nei Tsang techniques
Opening the Gates
Chasing the Winds
Detoxing the organs
Detoxing the skin
Detoxing the intestines
Detoxing lymph system
Centreing the navel
Balancing the pulses
Blood flushing

In-Depth Study and Practice

In addition, we study Feng Shui and 9 star Ki Astrology, as well as keeping up to date with the latest developments in healing and health care issues.

Students are also required to write up 50 treatment reports, and a practical and written examination, as well as a personal interview, are held at the end of the second year.

If you would like to join us on our next programme, which begins with a 4-day residential programme on Granholmen in August 2005, please contact us by phone or e-mail. See the registration section of this brochure for more details. If you are unable to commence this programme in August, it is also possible to begin in September when the Helsinki weekends start.
ACCELERATED LEARNING

We conduct our classes in an accelerated learning environment, with vaporized essential oils, soft music and incandesant lighting. We keep you regularly supplied with herbal teas to help nourish your brain and body, and make the learning experience informative and enjoyable. The course will be simultaneously translated into Finnish by one of our experienced translators.

STUDENT FEEDBACK

This is what students are saying about the Shiatsu Master Course:

“A natural continuation from the diploma course. I couldn’t even think about NOT doing it.”
Simo Martin, Helsinki

“Goes a lot deeper than the diploma - you get a lot of new tools to use”
Antti Tassberg, Helsinki

“This course has changed my whole life: I can’t find the words to express how much.”
Maria Lehtonen, Rihimäki

INFORMATION

For further information, or to obtain guidance about fees, price structure, payment arrangements or technical and logistical arrangements connected with this course, please contact:

JOHN LEWIS 041 581 1474
john@shiatsu.fi
**COURSE DATES**

The timetable for the 2005 - 2006 year of study is outlined below.

**HELSEINKI WEEKENDS:**

20-21.8, 24-25.9, 22-23.10, and 19-20.11.2005


**RESIDENTIAL COURSES:**

GRANHOLMEN, AUGUST 2006

**REGISTRATION**

If you would like to register for this programme, please pay the fee for the first weekend (80 €) to:

John Lewis NORDEA 114535-35124

and mark the payment: **MASTER 05-06**

Payment for the HELSEINKI WEEKENDS is 80 € per weekend, inclusive of all course material in Finnish or English.

Payment for the RESIDENTIAL COURSE is 160 € (equals 2 weekends) plus the accommodation and meals fee (about 20 € per day for 4 days)

Total fees for the YEAR (8 Helsinki weekends and the residential course) are 880 € (plus residential accommodation fees of about 80 €)

**PAY NOW FOR THE WHOLE YEAR AND RECEIVE A 15% DISCOUNT!**

Contact John Lewis for details